# GINSAVIT

Capsules

Navo.

## Composition

Each capsule contains: Active ingredients:

# GINSENG EXTRACT 40mg

	VITAM	INS/LIPOTROPICS	-
Vit. A	4000 I.U.	Vit B <sub>12</sub>	1mcg
Vit. D	400 I.U.	Nicotinamide	15mg
Vit. E	10 mg	Folic acid	400mcg
Vit. C	60 mg	Calcium pantothenate	
Vit. B <sub>1</sub>	2 mg	And the second sec	10mg
Vit. B <sub>2</sub>	2 mg	Inositol	20mg
Vit. B <sub>6</sub>	1 mg	Choline bitartarate	20mg

Excipients: Soyabean oil, triglycerides, soyalecithin, ethyl vanillin, gelatin, sorbitol, glycerol, ethyl and propyl paraben sodium, titanium dioxide and iron oxide black.

#### Properties

GINSAVIT is an effective balanced combination of high quality ginseng extract along with 2 essential vitamins, minerals, trace elements, and lipotropics. GINSAVIT ingredients when combined, have strong synergistic action, providing the natural way to enhance physical and mental endurance that has become a necessity in this life time.

GINSAVIT is active as a treatment and a prophylaxis of physical and mental signs of wear and tear, as well as functional disturbances and physiological changes associated with aging, in addition to physical and mental exertion in the younger age groups.

GINSAVIT consists of:

### Ginseng

Ginseng extract used in GINSAVIT is the best quality concentrate extracted from the roots of original Panax Ginseng plant.

Since thousands of years, ginseng has been used by the people in China, Korea, Russia and other eastern countries as a general tonic and stimulant. Nowadays, millions of people throughout the world use ginseng as an essential part of their daily demanding life-routine for the maintenance of their health and vitality.

Ginseng contains a large number of constituents ranging from vitamins and minerals to complex organic substances, which offers a wide range of pharmacological actions in the human body.

- Ginseng helps improve the body's ability to utilize oxygen more efficiently. It improves energy levels of the body, hence the vitality and naturally the overall feeling of healthy well being.
- Ginseng improves stamina and strengthens the human capacity for physical work, where it aids the body in adapting to stress, showing enhanced performance and anti-fatigue properties.

For these reasons, ginseng is very useful for people with advancing age symptoms as well as for those with physical and mental exertion, early fatigue, and exhaustion, which is commonly known as the stress syndrome.

#### Vitamins, Minerals, and Trace elements

GINSAVIT contains a wide variety of 21 essential vitamins, minerals, and trace elements. These are the substances essentially required in small quantities for efficient normal functioning of the human body. Vitamins must be provided either through a proper rich diet or by administering nutritional supplements. Vitamins and minerals play a key role in the human body, mostly as essential co-factors or catalysts in a variety of vital metabolic functions.

MIN	ERALS / 1	TRACE ELEMEN	TS
Copper	1mg	Magnesium	10 mg
Zinc	1mg	Iron	10 mg
Manganese	1mg	Calcium	92 mg
Potassium	5mg	Phosphorous	71 mg

#### Lipotropic substances

Choline and inositol in GINSAVIT formulation are lipotropic substances, which stimulate the removal of excess fat from the liver and counteract cholesterol deposits in the blood vessels. This effect is very helpful to ensure proper lipid metabolism, thereby protecting from possible consequences including cardiovascular hazards.

#### Indications

- For treatment and prevention of general symptoms due to advancing age such as reduced physical and mental performance, lack of concentration, and wear and tear.
- ✓ To relieve fatigue, exhaustion, and weakness
- ✓ To improve overall strength, stamina, and vitality in people with heavy physical or mental stress.
- To improve overall body resistance against infections.
- ✓ For faster recovery of health following long illness, surgery, radiotherapy, and as such.
- ✓ As an essential adjuvant therapy in cases of hyperlipidemia, diabetes, musculoskeletal disorders, or dystrophy of skin, nails, and hair.
- To compensate vitamin and mineral deficiencies in weight-conscious people and those with unbalanced or inadequate nutritional intake.

#### Dosage

Usual daily dose is one capsule after breakfast. However, depending upon the need, the physician may recommend 2 capsules or more daily.

#### Side Effects

No side effects are to be expected even after long-term use, if administered within the recommended dosage. Only slight yellowish harmless discoloration of the urine may occur which may be due to presence of riboflavin (vitamin B<sub>2</sub>) in the preparation.

#### Presentation

GINSAVIT capsules: Pack of 24 capsules.

Store at a temperature of 15-25°C, in a dry place.

-Follow strictly the pharmac	s a product which affects your health, and its consumption contrary to dangerous for you. the doctor's prescription, the method of use and the instructions of st who sold the medicament. d the pharmacist are experts in medicines, their benefits and risks.
- Do not repea	rself interrupt the period of treatment prescribed for you. the same prescription without consulting your doctor. caments out of reach of the children
Coun	cil of Arab Health Ministers, Union of Arab Pharmacists

Produced by: Julphar Gulf Pharmaceutical Industries, *julphar* Ras Al Khaimah, U.A.E.

A balanced TONIC to revitalize physicial and mental vitality in young to advancing age people.